# Toward Generating Plausible Artificial Electroencephalography Data: Evaluating the Effects of Convolution-based Upsampling Methods on Data Quality

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### Abstract

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Electroencephalography is key for clinical and cognitive 2 research, yet limited data availability restricts deep learn-3 ing (DL) applications. This study compares thee upsam-4 pling techniques in convolution-based Generative Adver-5 sarial Networks - transposed convolutions (TC), inter-6 polation with convolutions (IC), and a mixed approach 7 - that are used to transform noise vectors into artifi-8 9 cial EEG data. We evaluate artificial signal quality with EEG-specific metrics across time, frequency, and spa-10 tial domains. Kolmogorov-Smirnov tests indicate that the 11 mixed approach mitigates the high-frequency noise com-12 monly introduced by TC, while better preserving lower-13 frequency components and inter-channel dependencies 14 than IC. Moreover, the findings underline the importance 15 of EEG-specific evaluation metrics for guiding the devel-16 opment of more explainable and efficacious generative 17 models, advancing DL applications in neuroscience. 18

Keywords: Generative Adversarial Network; electroen cephalography; data augmentation; convolutional neural net work; evaluation

## Introduction

In principle, electroencephalography (EEG) data is promising 23 for addressing clinical and cognitive questions. However, dif- 55 24 ficulties collecting sufficient within- and between-participant 56 25 EEG data hinder the use of powerful deep learning methods. 57 26 One way to tackle this issue is by augmenting the data with  $_{58}$ 27 artificial samples. Generative Adversarial Networks (GAN) 59 28 have become the gold standard for EEG data augmentation en 29 (Habashi et al., 2023). However, the convolution-based gen-61 30 eration process introduces systematic high-frequency noise 62 31

into the generated EEG data (see Figure 1b). 32 63 Convolutional neural networks (CNN) are the most common 33 architecture for GANs in EEG research (Habashi et al., 2023). 34 A CNN can generate complex, high-dimensional data by it-65 35 eratively upsampling and transforming an unstructured, low-66 36 dimensional noise vector. This upsampling process allows the 67 37 model to refine the intermediate feature maps step-by-step, 38 learning a hierarchical representation that mirrors the target 39 70 data structure. The most common upsampling method in 40 CNN-based GANs uses transposed convolutions. Transposed <sup>71</sup> 41 convolutions upsample and transform an intermediate feature 42 map simultaneously. Unfortunately, this upsampling method 73 43 introduces high-frequency artifacts into the generated EEG 44 data - an issue rarely addressed in the literature (Habashi<sup>75</sup> 45 76 et al., 2023). 46

Odena, Dumoulin, & Olah (2016) designed a convolution-47 based upsampling method to avoid the high-frequency noise 77 48 introduced by transposed convolutions. In this approach, the 78 49 upsampling is separated from the computation of features. An 79 50 intermediate feature map is upsampled by a non-parametric 80 51 interpolation layer and then transformed by one or more con-81 52 volutional layers. However, interpolations are averaging op- 82 53 erations, introducing a "smoothness bias" into the generated 83 54



Figure 1: Comparison of the average trial (channel P08) for the (a) Transposed-Convolutions (TC), (b) Interpolation-and-Convolutions (IC), and (c) Mixed models. The model data (blue) is plotted on top of the target data (red) for comparison.

data. Although the subsequent convolutions counteract this bias, the generated data commonly has degraded amplitudes (Hartmann, Schirrmeister, & Ball, 2018).

Panwar et al. (2020) proposed a model alternating between the two upsampling methods. They showed that the mixed upsampling method outperformed the individual upsampling methods. However, they relied on a global metric for comparing the models, which provides no information on how the data generated from different models differs.

This study has two goals. First, we compare three upsampling methods for convolution-based GANs for generating EEG data: (1) transposed convolution and (2) interpolation and convolutions. We demonstrate that combining both upsampling methods leads to a more accurate reproduction of the target data in the frequency domain. Second, while most research in this field relies on global metrics, we propose EEG-specific metrics in the time, frequency, and spatial domains to evaluate artificially generated EEG data. EEGspecific metrics yield more fine-grained, and thus, actionable insight. This constitutes an important step towards building more explainable, generalizable, and efficacious generative models for EEG data in the future.

#### Methods

We used EEG data from Jin, Borst, & van Vugt (2019), restricting ourselves to channels Fz, Pz, P07, and P08. Participants performed a Go/No-Go task, responding to frequent lowercase words (non-targets) and withholding responses to rare uppercase words (targets). We used only target trials to keep the data relatively simple, yielding 5,568 trials.

Table 1: Comparison of features between (a) target data and data generated by (b) Interpolation-and-Convolutions (IC), (c) Transposed-Convolutions (TC), and (d) Mixed models. Values are reported as means with standard deviations ( $M \pm$  Std). Reported *p*-values are from KS tests comparing each generated distribution to the target. Correlations with significant deviations in at least one model are shown. Statistically significant deviations are indicated by \* (p < 0.05) and \*\* (p < 0.01).

		Target	IC		TC		Mixed	
		$M\pm { m Std}$	$M\pm Std$	р	$M\pm { m Std}$	p	$M\pm Std$	p
Time	$P3_L$	$443\pm96$	$453\pm98$	0.59	$437\pm91$	0.58	$449\pm95$	0.87
	$P3_A$	$24.5\pm11.7$	$26.2\pm11.5$	0.53	$23.9\pm11.3$	0.89	$25.0\pm11.4$	0.83
Frequency	SEn	$3.33\pm0.40$	$3.41 \pm 0.34$	< 0.01**	$3.41 \pm 0.37$	0.01*	$3.38 \pm 0.39$	0.14
	$SEn_T$	$1.69\pm0.12$	$1.70\pm0.12$	0.20	$1.69\pm0.12$	0.88	$1.69\pm0.11$	0.96
	SEn <sub>A</sub>	$1.76\pm0.15$	$1.82\pm0.12$	$< 0.01^{**}$	$1.77\pm0.13$	0.24	$1.77\pm0.13$	0.17
	SEn <sub>B</sub>	$3.04\pm0.16$	$3.03\pm0.17$	0.35	$3.07\pm0.13$	$0.01^{*}$	$3.05\pm0.13$	0.34
Space	Fz - Pz	$0.61\pm0.23$	$0.59 \pm 0.16$	$0.04^{*}$	$0.58\pm0.21$	0.32	$0.63 \pm 0.19$	0.45
	Fz - P08	$0.27\pm0.27$	$0.34\pm0.20$	0.03*	$0.24\pm0.25$	0.63	$0.36\pm0.22$	0.03*
	Pz - P07	$0.70\pm0.17$	$0.63\pm0.14$	$< 0.01^{**}$	$0.68\pm0.16$	0.57	$0.72\pm0.14$	0.38

We built three models to compare the upsampling methods<sup>120</sup> used in GAN generators for EEG data. These models differed<sup>121</sup> only in the composition of the four upsampling blocks they em<sup>-122</sup> ployed in their generators: (1) transposed convolution (TC),<sup>123</sup> (2) interpolation and convolutions (IC), and (3) alternating be<sup>-124</sup> tween them (Mixed). We adapted these models from Panwar<sup>125</sup> et al. (2020). <sup>126</sup>

To assess the quality of the generated data, we picked measures in the time, frequency, and spatial domain and deter-<sup>127</sup>

mined them for each EEG trial. We compared the generated<sub>128</sub>
 and target distributions on each metric using Kolmogorov-129
 Smirnov (KS) tests. The KS test determines if two samples<sub>130</sub>
 follow the same distribution function (Berger & Zhou, 2014). 131
 For the time domain, we determined the P3 peak amplitude<sub>132</sub>

 $(P3_A)$  and latency  $(P3_L)$  as the maximum voltage between 250<sub>133</sub> 98 and 600 ms after stimulus onset at Pz to measure a model's<sub>134</sub> 99 ability to capture global features of an EEG signal. For the<sub>135</sub> 100 frequency domain, we computed the spectral entropy for the<sub>136</sub> 101 full frequency range (SEn) as well as for the frequency bands<sub>137</sub> 102 theta (4-8 Hz; SEn<sub>T</sub>), alpha (8-13 Hz; SEn<sub>A</sub>), and beta (13<sub>138</sub>) 103 30 Hz; SEn<sub>*B*</sub>). SEn guantifies the degree of randomness in  $a_{139}$ 104 signal's frequency content by measuring the spread of power140 105 across a frequency range (Inouve et al., 1991). For the spatial<sub>141</sub> 106 domain, we computed by-trial correlations for every channel 107 pair. 108

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#### Results

Figure 1 displays the average signal for channel P08 per model. While models captured the overall trajectory of the target EEG data, the IC model exhibited the closest resemblance, with minimal residual noise. In contrast, the TC and Mixed models introduced systematic high-frequency noise.

Table 1 presents the quantitative results, contrasting each feature's distribution between the generated and the target EEG data. In the time domain, none of the models yielded distributions that differed significantly from the target data, with high *p*-values (p > 0.50). By contrast, in the frequency domain, the TC and the IC model significantly deviate from the target SEn for the full frequency range (p = 0.01 and p < 0.01, respectively). Furthermore, whereas the IC model failed to capture the SEn<sub>A</sub> (p < 0.01), the TC model failed to capture the SEn<sub>B</sub> (p = 0.01). Spatially, only the TC model captured all correlations, while the IC model significantly deviated from the target data in three channel pairs.

#### Discussion

This study contributes to the existing literature in two main ways. First, it proposes a set of EEG-specific metrics to holistically evaluate the quality of generated EEG data in the time, frequency, and spatial domain. These measures provide actionable insights, allowing targeted steps to improve a generative model. Second, it contrasted two upsampling methods commonly employed in convolution-based Generative Adversarial Networks (GAN): transposed convolution and interpolation followed by convolutions. Our results indicate that a mixed method – alternating between the two upsampling methods – is generally advantageous, preserving the target data's frequency content and mitigating high-frequency noise. However, this comes with a trade-off in spatial accuracy, which is best captured by transposed convolution alone

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